



Aug.-Sept. Tennis Programs: 3 Week Session at TTC

Beginning Monday August 31st and ending Friday, September 18th

No Programs on September 7th, 2020

TIME	SUN.	MON.	TUES.	WED.	THURS.	FRI.	SAT.
9 AM					Adult Clinic and Play 2.0 9:00AM-10:30AM Intermediate		
10 AM			50 Plus Tennis 2.0 9:30AM-10:30AM Intermediate				
11 AM							
12 PM							
1 PM							
2 PM							
3 PM		Junior Competitive 3:00pm-4:30pm					
4 PM		Red PDP 4PM – 5PM		Orange Ball 4:30PM-5:30PM			
5 PM		Green PDP 5:30PM-7:00PM	Red Ball 5:30PM-6:30PM	Red Ball 5:30PM-6:30PM	Orange Ball 5:30PM-6:30PM		
6 PM			Green Ball 6:30PM – 7:30PM		Adult 1.0 6:30PM-7:30PM	Yellow Ball 6:30PM – 7:30PM	
7 PM		Adult 2.0 7:00PM-8:00PM Intermediate		TTC Member Clinic 7 – 8PM Aug.26th			
8 PM		Adult Competitive 8:00PM-9:00PM Advanced					

Please See Back for more Details!

Would you like some more information? Give us a call (902) 843-4171 or email info@cougardome.ca

Youth Learn and Play

★ All ages are recommendations ONLY!

Recreational Stream

- Red Ball (Ages 5-7)
- Orange Ball (Ages 7-9)
- Green Ball (Ages 9-11)
- Yellow Ball (Ages 11+)
- Team Tennis

Advanced Stream

- Junior Competitive: Tennis Training (Invitation only)
- PDP Academy Programs: Tennis Training (Invitation only)

Adult Learn and Play

- Adult 1.0 Beginner and intermediate program for those who needs the basic skills to start playing and for those who needs to improve their game.
- Adult Competitive: Level 3.0 and 4.0 – Program for those who need advanced coaching.
- 50 Plus Tennis: If you want to have fun learning and playing, this is for you! 60 minutes of clinic.
- Adult Clinic and Play: Focus on fun learning and organized play
- TTC Member Clinic: Fun tennis session for TTC Members only
Last clinic: August 26th, 2020

Pricing – Youth Learn and Play

Junior Recreational Programming - 3 week session: \$36.00
Competitive Programs = \$15.00 per hour

Pricing – Adult Learn and Play

Adult 1.0, 2.0 and Competitive – 3 week session: \$36.00
50 Plus Tennis – 3 week session: \$24.00
Adult Clinic and Play (1 hr) - 3 week session: \$24.00
Adult Clinic and Play (1.5 hr) - 3 week session: \$36.00

All prices are subject to HST when applicable

Aug.-Sept. 2020: 3 Week Session

Week #1: Mon., August 31st – Thurs., Sept. 3rd
Week #2: Tues., Sept. 8th – Thurs., Sept 10th
Week #3: Mon., Sept.14th – Thurs., Sept. 18th

** Next schedule begins September 21st, 2020

** All the programs are at the Truro Tennis Club

** No Programs on Monday September 7th, 2020 (Labour Day)

